Top Tips for Attending CONNECT2021

1. **Block off your calendar.** While the entire conference is available on demand for 30 days after the end of the conference, you will be able to participate in the Q and A, breakout sessions and polls if you attend the events at the times they are scheduled.

2. **Learn how to log in.** Take a few minutes the day before the conference to learn how to access the conference and log in. Download the app when it is available in late August and look at the schedule and handouts for the sessions you will attend. An email will be sent each day of CONNECT with directions to log in. If you don’t receive the email, check your spam folder. If you still don’t see it, access the conference website via assistanceleague.org and log in using the conference website (look for the CONNECT icon in the tabs at the top of the page).

3. **Build in snack and meal breaks.** We are allowing 15 minutes between sessions for time to get more coffee, snacks, take a bio break, etc. We allow 45 minutes for lunch each day and on Friday will be watching our featured chef prepare a meal you can cook along with her and your fellow attendees.

4. **Go old school.** Take notes on paper and keep your attention on the screen. Be sure to answer the polls and use the chat to talk to fellow members.

5. **Attend with others.** CONNECT is better when you share with friends. Arrange a catch up and discussion session with other members of your chapter each day of CONNECT and talk through the ideas and points you found interesting. Don’t wait until the conference ends; share as you go along.

6. **Stand and stretch.** Don’t feel confined to your chair. Activity, even something as small as standing or walking in place, can wake you up and get you refocused on the content at hand.

7. **Show your Assistance League spirit.** Wear your red and blue, your bling shirt, or your conference pin each day. If you want to watch the keynotes and other general sessions with your fellow chapter attendees before the workshops each day, it will put you in a festive mood.

8. **Plan a time to re-watch your favorite session or view a session you missed.** Every session is recorded and available for 30 days after the conference. To access the online session, go to assistanceleague.org and click on the CONNECT link to log in and enjoy the on-demand sessions.

9. **Complete the session and event surveys.** The national organization is dedicated to serving all members and we want your input. Please participate.

10. **Keep an eye out for your CONNECT2021 box.** It will arrive shortly before conference starts and contains materials you need to enjoy CONNECT2021!